

Tami McKay, RDN, LDN

Portfolio: <http://tamimckay.weebly.com>

LinkedIn: www.linkedin.com/in/tamimckay/

Nutrition & Health Care Experience

Aramark at Johnston Health Hospital Smithfield, NC September 2019 - present
Consultant Clinical Dietitian

- Provide MNT for hospitalized adults
- Provide outpatient nutrition services for adults, teens, and children

Preventing Obesity by Design, North Carolina State University Raleigh, NC May 2017 – November 2018
Garden Trainer

Cooking Matters by Share our Strength Raleigh, NC February 2016 – February 2018
Nutrition & Culinary Instructor, Tour Facilitator Volunteer

Chiropractic Partners Fuquay Varina, NC April 2012 – June 2015
Chiropractic Assistant & Receptionist

Education & Supervised Practice

University of Delaware Distance Dietetic Internship Newark, DE, via Distance Internship August 2018 - May 2019
Dietetic Intern, Registration Eligible

- Johnston UNC Health Care Smithfield, NC Clinical Rotation – inpatient/outpatient
- Wake Internal Medicine Consultants Raleigh, NC Clinical Rotation - outpatient
- Duke Center for Metabolic and Weight Loss Surgery Durham, NC Elective Rotation
- North Carolina State University Dining Services Raleigh, NC Foodservice Rotation
- SNAP-Ed, University of North Carolina Extension Raleigh, NC Community Rotation

Kansas State University Manhattan, KS, via Distance Education May 2017
Bachelor of Science in Dietetics

- Kappa Omicron Nu, Human Ecology Honor Society
- Alpha Sigma Lambda Honor Society
- Sigma Alpha Lambda Honor Society
- Pinnacle Honor Society

Volunteer Work, Community Involvement & Additional Experience

NCSU Cooperative Extension, Wake County, NC September 2016 - present
Master Gardener Volunteer

Unitarian Universalist Fellowship of Raleigh Raleigh, NC April 2018 - present
Our Whole Lives (OWL) Ministry Team Member

Our Whole Lives (OWL) human sexuality education program facilitator January – April 2017

Triangle YMCA Soccer Club Apex, NC June 2015 – May 2017
Team Manager

Electronic Medical Record and Nutrition Software Experience

Epic Centricity C-Bord ChiroTouch

Credentials & Certifications

Registered Dietitian Nutritionist Valid through May 2025
Nutrition and Dietetics Technician, Registered 2018 - 2019
Adult and Pediatric First Aid/CPR/AED, American Heart Association Valid through January 2020
ServSafe, National Restaurant Association Valid through February 2023

Professional Affiliations

Academy of Nutrition and Dietetics	2010-2013, 2015-present
North Carolina Academy of Nutrition and Dietetics	2012-2013, 2015-present
Raleigh District Dietetic Association	2016 – 2017, present
Diabetes Care and Education Dietetic Practice Group	2019 - present
Weight Management Dietetic Practice Group	2017 – present
Vegetarian Nutrition Dietetic Practice Group	2016 - present
Hunger and Environmental Nutrition Dietetic Practice Group	2017 – 2018
Public Health/Community Nutrition Dietetic Practice Group	2016 – 2018
Nutrition Entrepreneurs Dietetic Practice Group	2016 – 2018
Kansas State University Student Dietetic Association	2014 - 2017